

Coaching & Reflection with Art & AI

In the Symbolon Reflection Training, you will experience professional coaching with artworks. You will also learn how to apply the profound Symbolon Method® in conjunction with AI-supported self-coaching!



Internationally Recognized Training for Coaches

- ✓ Enable depth, insights, and inspiration by coaching with art
- ✓ Ongoing training that allows you to join and leave flexibly at your own pace with e-learning (16 hrs) and e-training sessions (9 hrs)
- ✓ Personalized AI-supported self-coaching & e-training for an innovative blended coaching offering (5 hrs)
- ✓ Earn 30 CCEU (26.5 CC, 3.5 RD) or alternatively for your ICF certification: 23 CCEU (19.5 CC, 3.5 RD) plus 7 hours of group mentoring, for a total of 10 hours of mentoring you can book an additional 3 hours of ICF individual mentoring (1 hour at approx. EUR 170, depending on mentor level).
- ✓ Over 25 years of top feedback and impressive [testimonials from coaches](#)



1.) E-Learning in Self-Study

(16 hours of content accessible over 12 months)

The 14 e-learning modules of the Symbolon Reflection Training guide you into professional coaching with artworks. You will receive comprehensive materials to enhance your reflective abilities, including videos, interactive exercises, practical applications, detailed coaching guides, handouts, and live coaching case studies.

The content is available online for 12 months. This flexible approach allows you to learn at your own pace and to experience and deepen the Symbolon Method® and reflection techniques both theoretically and practically.

2.) E-Training for One-to-One Coaching with Peer-to-Peer Coaching Sessions

(Select 6 sessions / or more, approximately 15 online sessions available per year)

In the e-training sessions, you will apply the newly acquired knowledge with other coaches and expand your coaching skills. The online sessions, led by Christine Kranz, include intensive reflection processes with artworks, the development and enhancement of your coaching competencies, peer-to-peer coaching, and feedback based on ICF core competencies. Peer-to-peer coaching sessions take place approximately every two weeks and are scheduled with participants via Doodle. Each session lasts about 90 minutes. There are no sessions during summer vacations and the Christmas and New Year holidays. To complete the reflection training, you need only 6 e-training sessions.



3.) AI-Supported Symbolon Self-Coaching and E-Training with Peer-to-Peer Blended Coaching Sessions

(Select 2 sessions / or more, approximately 6 online sessions available per year)

You will personally experience AI-supported Symbolon self-coaching with preparatory and follow-up work. You will deepen this coaching in Peer-to-Peer Coaching Sessions. During these sessions, you will learn to apply the powerful combination of AI and images in coaching. This allows you to see how digital tools can create AHA moments with images 24/7. Additionally, you will be at the forefront of digital coaching market development, positioning yourself as a one-to-one coach with AI tools and leveraging scaling effects. To complete the reflection training, you need only two E-Training sessions.



Additional Information

The videos in the e-learning and the online sessions are led by [Christine Kranz, MCC](#), the developer of the Symbolon Method® and an experienced trainer.

Learn more about:

- ✓ Symbolon Method® & Christine Kranz with Symbolon Coaching using the Animal Image ([youtube](#), 23 Min.)
- ✓ AI-Supported [Symbolon Self-Coaching](#)
- ✓ For self-study order the [Symbolon book package](#) in German for EUR 65 (incl. coaching materials & shipping)



1 Year of Added Value for You and Your Clients

- ✓ 12 months access to the Symbolon Academy **E-Learning Platform**
- ✓ 12 months opportunity to participate in **Peer-to-Peer Coaching Sessions**
- ✓ Personalized AI-supported Symbolon self-coaching with a 7-page PDF
- ✓ ICF certification with **30 CCEUs** (or **7 hours of Group Mentoring & 23 CCEUs**) for 16 hours of e-learning & 8 Peer-to-Peer Coaching Sessions
- ✓ **Total cost only EUR 790**



Contact

We look forward to meeting you and exploring the possibility of working together!
Please contact us at: office@symbolon.com or +41-79-406 96 44.